



PAC CONNECTION

JAN 16 2026



BOTTLE DRIVE TOMORROW, JAN 17!

Drop by the school between 10am – 1pm with your bottles and cans! We still need volunteers to help sort – if you have some time to give please sign up [HERE](#)



FAMILY MOVIE NIGHT, JAN 23

Join us in the school gym 6–8pm to watch Puss in Boots! Popcorn and snacks will be for sale. Bring a blanket or pillow (or camp chairs for the grown ups!), and get ready for a cozy movie with friends and family!



PARENT EDUCATION OPPORTUNITIES

- Emotion Focused Family Therapy with Fairfield Psychology. Mon, Jan 19, 6–7:30pm. McKenzie Elementary Library or online. Register [here](#).
- From Island Health: Connecting With Our Kids When Anxiety Leads To Social Isolation with Family Smart (shared by Island Health). Tues. Jan. 20, 6:30–8pm or Thurs Jan 29, 6:30–8pm. Online: <https://familysmart.ca/online-events/>.
- Supporting Safety at Home When Your Child Has a Mental Health Crisis with Island Health. Wed, Jan 14, 12–1:30pm or Thurs, Jan 22 6:30–8pm. Online: <https://familysmart.ca/online-events/>.

Next PAC Meeting
Wed, Feb 4 @ 6:30pm
in the staff room, or
online.

Did you know that every Northridge Family is automatically a voting member of the PAC?

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More Info?
northridge.pac.info@gmail.com

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Join [Northridge Families](#) on Facebook to stay connected.

