

# Northridge Newshawk



Newsletter # 8,

January 31, 2020

## Principal's message

Well it's been a little bit of a wet start back after our break with the snow and all the rain though it hasn't stopped all the great learning that has been happening. Something I would really like to pay some close attention to in the second half of our school year, is attendance.

Attendance is the most important factor in determining success for your child. For each day absent, a child misses both academic and social opportunities for growth. In numbers, the average Northridge student has been absent about 4 ½ days in the first 90 days of school. A student with 10 days absent has missed over 10% of school or the equivalent of two weeks. Learning at school is a process that happens in real time. While teachers attempt to help students make up for some lost work, this additional 'catch-up' work is stressful for students. Nothing can replace the experience of learning in class with a well-crafted lesson designed to support all students. I am not advocating that students attend at all cost. When your child is sick they need to stay home for their sake and for the benefit of the rest of the class. There is nothing more miserable than been sick at school. What I am saying is that regular, punctual attendance benefits your child in so many ways that attendance cannot be taken for granted.

If you have any questions about this or any other subject at Northridge please feel free to contact me.

## Dates to remember

January 31 <sup>st</sup>	Pizza Hot Lunch
February 6 <sup>th</sup>	Student Led Conferences ( <b>early dismissal – 11:50pm</b> )
February 14 <sup>th</sup>	Pro D Day – No school
February 17 <sup>th</sup>	Family Day – No school
February 19 <sup>th</sup>	PAC Meeting 6:30pm
February 26 <sup>th</sup>	Family Games Night ( <b>details to follow</b> )

## Dress for the weather

The weather is changing; it's cold and wet. Please make sure that your child is dressed to be outdoors for both morning recess and lunch recess. You can set up a routine in the morning to check the weather and make a smart decision on outerwear. **Used Clothing Request: There is a need for sweat pants. If you have gently used sweat pants (pull on style) or leggings suitable for age 5-10, would you please bring them to the school office.**

## Student PickUp/Drop Off

This is just a reminder to parents and guardian's that we expect students to arrive at school after 8:30am and to be picked up shortly after the bell. Please note that we don't have before and after school supervision on the grounds. If you have any questions regarding this matter please feel free to speak with Mr. Jorgensen or Miss. Simmonds.

## Student Transfer Week February 10<sup>th</sup> to 14<sup>th</sup>

Student Transfer Week is fastly approaching. If you are a GR 5 parent/guardian you should have received a letter in the mail this week advising where your student will be pre-transitioned to based on the address we have on file. Should you want your student to attend a **different middle school**, it is **imperative** that you come in the week of **Feb 10<sup>th</sup> -14<sup>th</sup>** to apply for a transfer.

## Country Grocer (Royal Oak) – Save a Tape Program



Save your grocery receipts and drop them off at the school. Country Grocer will donate 3% of the total sales of the receipts collected. That's \$3 to our school for every \$100 spent at Country Grocer. You can ask family and friends to save their receipts for you as well. There is a drop off box located inside the Northridge Office. This is a great fundraiser!

## A few messages from the Northridge PAC.....

- Our school is embracing the New Canada's Food Guide and taking the opportunity of its release to create a healthful school environment which promotes and supports the Canada's Food Guides key messages.

Canada's Food Guide key messages include:

- Water is the beverage of choice
- Make ½ your meal fruit and/or vegetables

We are sending a copy of the New Canada's Food Guide home with every student today.

Please take a moment to look at it and/or go online at <https://food-guide.canada.ca/en/> to visit some of its helpful information.

Here are a few highlights of the wealth of information available on the Canadas Food Guide website:

<https://food-guide.canada.ca/en/healthy-eating-recommendations/make-water-your-drink-of-choice/>  
<https://food-guide.canada.ca/en/tips-for-healthy-eating/make-healthy-meals-with-the-eat-well-plate/>

- We will be hosting a 2020 Fun Fair on June 5th. This is a team effort. If you are interested in joining the planning committee, have any questions or feedback please email Melanie @ [mdheidorn@gmail.com](mailto:mdheidorn@gmail.com).
- The PAC is hosting our annual Teacher/staff appreciation week February 19-22. We really need your help with snacks, tea, coffee on Tuesday, Thursday and Friday that week and then our big luncheon is on Wednesday February 19th. For the lunch we will need goodies and main dishes as well as people to help set up/clean up and supervise the children outside so the staff can enjoy the lunch. There is a sign-up sheet on the PAC board outside the office as well as a sign up attached to this email to sign up on-line or you can email Lindsay Kellow at [l.szteina@gmail.com](mailto:l.szteina@gmail.com). Thanks for everything that you guys do to help make this teacher/staff week amazing!!  
<https://www.signupgenius.com/go/5080D44A5A72CA2FC1-teacher>