

# N O R T H R I D G E

## ELEMENTARY SCHOOL NEWSLETTER

4190 Carey Road, Victoria, B. C. V8Z 4G8 Telephone: 250-479-8293

Email: [Northridge@sd61.bc.ca](mailto:Northridge@sd61.bc.ca)

Fax: 250-479-4639

Early Warning Telephone & e-mail: 250-479-4639, [earlywarning54@sd61.bc.ca](mailto:earlywarning54@sd61.bc.ca)

Website: <https://Northridge.sd61.bc.ca>



April 27, 2017

### *Principal's Message...*

This past month has been extremely busy; in addition to the wonderful learning activities in each classroom, there have been many opportunities for students to be involved in various aspects of school life.

Our Student led conferences were a huge success; the students enjoyed the opportunity to share their learning with parents/family members and it proved to be an invaluable experience. On May 12<sup>th</sup>, we are hosting a "Grand Friends litter less lunch." Invitations were sent home on Wednesday. Please consider joining us for the special event.

Also on the morning of the 12<sup>th</sup>, the staff would like to invite you to join us for a cup of coffee and a muffin to show our appreciation for all that parents and volunteers do to make our school so wonderful. We will be handing out muffins and coffee to you as you drop off your child. We look forward to seeing you then.

Thank you for returning your student placement forms for next year. The staff will be working hard to create the best learning environment for your child.

Have a great start to the month of May - hopefully good weather will follow. As always, please contact me if you have any issues or concerns.



*Sincerely yours,  
L. Whittam, Principal*



### **Track Season - Mrs. Whittam**

Track season will soon be here; our fields have just been lined. Students in Grades 3, 4, and 5 will have an opportunity to participate. The track program consists of one individual race 100m or 800m and each child must run in one relay (4x100m) team race. Therefore your child could potentially be in a maximum of two races. Our Zone Track meet will be held on Monday, May 29<sup>th</sup> at UVic stadium, 10:30-1:30 (for all runners). The City Finals will be held on Thursday, June 1<sup>st</sup>, 5:30-8pm, for ONLY those students who finish 1<sup>st</sup> or 2<sup>nd</sup> in their race IF they are in an A or B flight Only! Training for the upcoming track season will begin next week.



**Please ensure your child has shorts and proper running shoes (no spiked/aqua shoes allowed) here each day!**



### **Class/Whole School Photo Day - Tuesday, May 2, 2017**

Edge Imaging Photography will be photographing each class as well as the whole school (panorama photo) on Tuesday, May 2. The Class photos are free. Let's hope for a great sunny day. Bring your bright Northridge smiles!!!!



**PAC spring fling dance** is tomorrow April 28<sup>th</sup> from 6-8pm. There will be an amazing DJ playing some upbeat dance music. Entry is by donation. There will be prizes throughout the night. We will be serving pizza, water, candy bags and chips. Put on your best spring outfit and come dance the night away. Hope to see you all there!

### **Kindergarten Orientation – Tuesday, May 16<sup>th</sup>**

Our Kindergarten Orientation will be held on Tuesday, May 16<sup>th</sup>. There will be two sessions – 9:00 – 9:45 a.m. and 10:30 – 11:15 a.m. Parents have been e-mailed/phoned to indicate which sessions that they are to attend. Our new students will have an opportunity to tour the school and visit a classroom. Parents will be introduced to the many services that are available to support their child's learning. We look forward to this special day which will provide valuable information for all.



### **Parent/Volunteer Appreciation Day – Friday, May 12<sup>th</sup>**

The staff at Northridge would like to recognize our parents/volunteers for all their support in and out of the classroom this past year. We will be offering coffee/muffins to parents as they drop off their children in the morning at the school.

### **District Transitions Day for Grade 5 Students – Thursday, May 18<sup>th</sup>**

Our Grade 5 students will be visiting Glanford Middle School on Thursday, May 18<sup>th</sup> in the afternoon. This is part of a district transition-orientation day for students. The students that are going to Glanford will be walking with their teachers. Students who are not going to attend Glanford next year, should contact their new school.

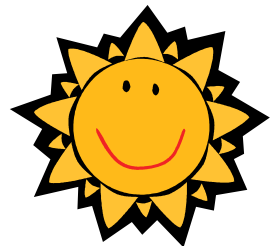
### **The virtue for the month of April is RESPECT**

Respect is about appreciating the people and things in your life. A good way to practice being respectful is to think about how you would like to be treated and then treat others that way. When we are respectful we use good manners like *please*, *thank you* and *excuse me*. We are kind, thoughtful and courteous with one another and honour the rules of our families, school and community. We behave in a way that makes life happy and peaceful.



### **Dates to Remember:**

Fri. Apr 28	Pizza Hot Lunch. PAC Spring Dance 6-8pm
Mon. May 1	Track begins this week
Tues. May 2	Whole School Photos – bring your smiles ☺ (Class photos are free)
Fri. May 5	Walk-a-thon (pm). Car Free Friday
Tues. May 9	Fruit & Vegetable Program – cucumbers delivered. Provincial Elections – Northridge is a polling station. Beware of traffic!
Thurs. May 11	School Assembly at 12:45pm
Fri. May 12	Grandfriends Day. Parent Appreciation Day. Subway Hot lunch forms go Home (due May 18 <sup>th</sup> )
Tues. May 16	Kindergarten Orientation (9:00-9:45 session and 10:30-11:15 session)
Wed. May 17	PAC meeting – everyone welcome – 6:30pm
Thurs. May 18	Transition Day – Grade 5 visit to Glanford Middle School (pm)
Fri. May 19	Pro-D Day (District Wide) – no school for students
Mon. May 22	Victoria Day Holiday – no school
Wed. May 24	Bike Rodeo (am) – see schedule
Thurs. May 25	Newsletter Day
Fri. May 26	Subway Hot Lunch Day. Car Free Friday
Mon. May 29	Track Zone Meet at UVIC Stadium
Tues. May 30	Fruit & Vegetable Program – Tomatoes delivered



On Friday, May 12th, Northridge is having a **Grandfriends' Litterless Lunch**. Invitations have gone home.





Although Northridge is really good at recycling, we continue to strive to be a litterless school. We need to focus more on reducing and reusing so that we don't generate as much waste. Please use recyclable containers for your child's lunch. Your child should bring home any items that can't be recycled at school.

## Recipe for a Litterless Lunch

When packing a lunch for your child, consider the following ideas. Not only is this better for the environment but it can save you money as well.



Here are some packing tips to **MUNCH** on:

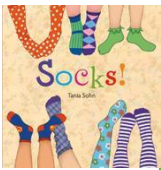
Yes Please 	No Thanks 
<b>REUSABLE</b> lunch carrier	<b>NO</b> paper or plastic bags
<b>REUSABLE</b> container (Tupperware, plastic)	<b>NO</b> plastic wrap, foil, wax or Styrofoam
<b>REUSABLE</b> drink bottle or thermos	<b>NO</b> single-use cans, bottles or cartons
<b>CLOTH NAPKIN</b> to wash and re-use	<b>NO</b> paper napkins
<b>SILVERWARE</b> to wash and re-use	<b>NO</b> plastic forks/spoons
<b>HEALTHY</b> snacks!	<b>NO</b> over packaged snacks

### Why pack a Litterless Lunch?

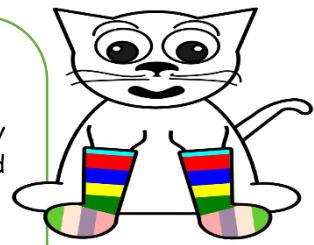
It's waste-free  
\$\$ It's cheaper \$\$  
It's healthier  
It reduces packaging waste

### Food For Thought:

The average student lunch generates 30 kg of waste per school year. That adds up to 8,509 kg of waste per school!!!



**Sock Toss** - We were able to donate 640 socks during the Sock Toss on Friday, March 17<sup>th</sup>, just before Spring Break. The socks were given to "Our Place" which is an inner-city community centre serving Greater Victoria's most vulnerable: working poor, impoverished elderly, mentally and physically challenged, addicted and the homeless. About 100 socks are given out every day in Victoria so as a school, we kept the homeless' feet dry for a week! Thank you so much for donating the socks and thank you to Sylvia in the Office for making our Sock Toss monkey display which made it all the more special!!



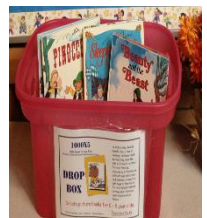
## 1000X5 - 1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

### Did you know?

- Books in the home for preschoolers is 70% more effective than parents' education level at predicting school success.
- Preschoolers in middle class homes have an average of 15 books/age level.
- Preschoolers in homes with fewer resources have an average of 2 books/age level.

**Take your extra baby and preschooler books to the pink bin just outside the Northridge Library. Help change a child's future.**







# AFTER SCHOOL

So fun... it won't feel like learning!!

## NORTHRIDGE ELEMENTARY

Afterschool enrichment classes every Monday, Ticket to Ride

### Ticket to Ride

Delve into the history and mechanics of favorite amusement park rides in this imaginative unit. Students will construct a Carousel Swing, Tilt a Whirl, Loop de Loop ride, Swing boat ride, and Merry Go Round. Lessons incorporate principles of physics, described in a way children can understand, such as "G-force" inertia and momentum, as well as math concepts such as "there are 360 degrees in a circle". These engaging lessons will give students an understanding of the physical forces they experience every day.



### Rates and Registration:

May 8– June 12 (2:45 –3:45): \$80 plus GST

For a full description of each program and to register online, please visit our website at [bricks4kidz.com/527](http://bricks4kidz.com/527)

778-533-2032

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## Northridge Elementary School Ongoing PAC Fundraisers



Did you know there are many local businesses that support our school?  
You can help!



### Country Grocer - Save a Tape Program

Submit all your Royal Oak Country Grocery receipts to the box outside the office.  
Northridge will get 3% of the pre-tax value back.



### Canadian Tire Money

We continually collect Canadian Tire Money.  
Submit CT money in the Country Grocer box outside the office.  
Monies are used to purchase items such as game and sporting equipment, prizes and auction items.



### COBS BREAD

Do you shop at the Royal Oak COBS? If so, Mention that you are with Northridge Elementary every time you make a purchase and COBS will donate 5% back.



### Peninsula Co-op

When your family shops for gas or groceries please give the membership number **69206** and Northridge will receive a membership cash payout!



### The Bottle Depot

Take your empty bottles and cans to any of these 3 Bottle Depots and tell them you are donating the empties to Northridge Elementary.